



Spinach Leaves 12/3lb

Epinars Branches

PRODUCT OF SPAIN

40405



FROZEN VEGETABLES

IQF VEGETABLES

SPINACH

Product Description

- 3Lb packed in 2 x 1.5lb Block of Spinaccia Oleracea (Europe) in flowpack. Imported from Spain.

Pack and Case Specifications

Pack Net Weight

3lb

Packs per Case

12

Units per Pack

12

Case Size (LxWxH)

18.8" x 10.8" x 8.4"

Case Cube

0.99ft3

Case Gross Weight

38lb

Cases per Pallet

48 (8/6)

Ingredients

SPINACH.

Physical

2 blocks of 1.5lb per pack
Foreign material: none
Dry matter: ≥ 6.5% weight
Brown/Discolored leaves: ≤ 1.2%

Nutrition

Nutrition Facts

Serving Size 1 cup (85g)
Servings Per Container 16

Amount Per Serving
Calories 30 Calories from Fat 0

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 15mg 1%

Total Carbohydrate 3g 1%

Dietary Fiber 3g 12%

Sugars 0g

Protein 2g

Vitamin A 50% Vitamin C 2%

Calcium 8% Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories: 2,000 2,500

Total Fat Less than 65g 80g

Saturated Fat Less than 20g 25g

Cholesterol Less than 300mg 300mg

Sodium Less than 2,400mg 2,400mg

Total Carbohydrate 300g 375g

Dietary Fiber 25g 30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Organoleptic

Color: Dark green, characteristic of spinach
Flavor: Typical of spinach
Texture: Tender, not fibrous
Odor: Characteristic of spinach

Allergens

Certificates and Claims

BRC, IFS, GMO-free, not ionised.

Cooking Directions

Stove Top

Thaw the spinach overnight. Saute with butter and season to taste.

Steamer:

Place frozen spinach in a steam tray. Cook for 8 to 10 minutes or until thawed. Season to taste.

Storage and Shelf Life

Store in freezer below 0°F (-18°C). Keep frozen until ready to use. Do not thaw and refreeze. Shelf Life frozen: 24 months.

UPC code



00825414404059

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